



CALENDAR

SMA Awareness Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 SMA Awareness Month begins	2 Share SMA fact graphics on social media to spread awareness.	3	4 \$5 Friday Skip your takeout coffee and donate \$5 to make a difference.	5 Walk for Graham Carmel, IN Last Day to order your candle
6 Chicagoland SMA Community Listen to our Hubbard Helps interviews on 97.1 FM, 100.3 FM, & 101.9 FM.	7 Update your social media banners, email signature, and Zoom/Teams background with SMA Awareness Month graphics.	8	9 Support SMA research! Donate to have your donation matched by Richard & Jane Nunemaker.	10	11 Shop & Save! All month you can save 25% on merch orders	12 Light a candle to remember those lost to SMA. Boston Summit of Strength
13	14	15 Share Your SMA Story! Post on social media using #SMAawarenessMonth & #CureSMA.	16	17 Permobil Match Day! Permobil is matching the first \$1K in donations to Cure SMA.	18	19 Northern California Walk-n-Roll Wakefield 5K Seattle Summit of Strength
20 Falmouth Road Race	21 Sign up for Walk-n-Roll USA! Don't have a walk in your area? No problem! Join our virtual walk.	22	23	24 Encourage your employer to support SMA Awareness Month. Make a donation & see if your employer will match.	25	26 Minnesota Walk-n-Roll
27 Illinois Walk-n-Roll	28	29	30	31 Last day to support SMA research during SMA Awareness Month. Donate to have your donation matched by Richard & Jane Nunemaker.		